

PROGRAM

The curriculum is based upon a foundation of skill based learning including:

self-presentation
use of the double mirror, and role reversal techniques
the use of surplus reality
conducting sociodrama
sociometric investigation
social atom repair
sociatry

Saturday/Sunday

NOVEMBER

The Internal Door of the Autonomous Healing Center (Part 1)

The autonomous healing center is at the heart of the psychodramatic method. It is the place within where life is unbounded. These are psychodramatic tools to access the autonomous healing center with oneself and within groups.

Meta-Cognition and Direct Experience

Experiential formulas for creativity, renewal, and stability

Re-Addressing Life's Pace and Flow

Presence and Spontaneity

The World & the Work Place

Codes and formulas for accessing presence and spontaneity

Code of Ethics

Standards of application

DECEMBER

The Autonomous Healing Center (Part 2)

Role Training: moving creativity and transformation into our lives

Watching / Feeling / Finding / Speaking

Experiential encounter with the autonomous healing center, shared

One Family

Tools for integration and stabilization and a “whole of mankind” perspective

Resting in the Here and Now

Sociodramatic movement of the past and future into light, space, energy and information

JANUARY

Awakening and Three Roles: Director, Actor and Observer

A psychodramatic exploration of strength & presence in these three roles

Changing: Problem-Making to Problem-Solving

Sociometry is a tool for assessment & change: from the sociodynamic effect to an organic unity

An In-Action Exploration of Focus and Resistance

Introducing the Decisional Balance Social Atom

Social Justice Moreno Hypotheses

An exploration of new formulas for renewal

FEBRUARY

The Larger Picture: The Macro and Micro Structures of Organic Unity

Experiential formulas for the emergence of an organic unity in groups, and with humanity

Emerging Creativity

A sociodramatic exploration of the socio-atomic structure of society, the cultural atom, and the sociatric atoms impacting all life

A Movement of Life Back to the Circle

An experiential investigation of sociatry: a formula to heal the broken circle

Coming to Terms

A collaborative group presentation: of the impact of the sociodynamic effect on individuals, groups and nature

The Courageous Dream

An in-action retelling of the Butterfly Story

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An exploration of new formulas for renewal

MARCH

Team Presentations

Study teams form between seminars and offer presentations

Position Stand

Leadership role development

Developmental Theory

From a perspective of strengths, creativity and inclusion

Surplus Reality and the Exploration of the Stages of Grief and Change

Sociodrama, psychodrama, sociometry and sociatry: tools for exploration with a focus on stability and safety

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APRIL

Role Relief, Role Expansion

Additional role theory in action

“Telic” Communication

An action exploration of the Quantum Physics of Moreno – strands that connect all of life in a variety of ways

Planting Seeds of Renewal

The Haiku Codes

Condensing

Further role training: action tool of condensing experience of the past and imagined future into the present, in the here-and-now, and stabilizing in the body of the autonomous healing center

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An exploration of new formulas for renewal

MAY

Final Codes & Formulas: The Integrative Triad

Integration of essentials of the encounter, the social atom, the canon of creativity, tele, sociometry, and the convergence of time

Preparing, Integrating and Digesting

Summary, planning and year in review

Looking ahead to continue another year of study or study completion

Social Justice Moreno Hypotheses

Exploration of new formulas for renewal